

Referral Resources

Hostage US

www.hostageus.com

1-888-284-1010

Hostage US is a 501c3 non-profit organization that supports families of Americans taken hostage or wrongfully detained abroad and supports hostages and detainees when they return home. Each year, an estimated 200 Americans are taken hostage overseas. We are here to help families survive this terrifying ordeal and help former hostages rebuild their life after captivity.

National Suicide Prevention Lifeline

www.suicidepreventionlifeline.org

800-273-8255

888-628-9454 (Spanish)

Resilient Retreat

www.resilientretreat.org

941-343-0039

Serving those who have experienced trauma themselves or those in helping professions and empowers them to thrive through self-care. Services are free and confidential.

Safe Place & R*pe Crisis Center (SPARCC)

www.sparcc.net

941-365-1976 (call and text available)

SPARCC is a dedicated organization committed to supporting survivors of domestic violence and sexual assault. Our mission provides essential resources, counseling, and shelter to those in need, 24/7. Whether you require assistance or aspire to make a difference through donations or volunteering with us, you play a vital role in creating a safer, more compassionate community.